

Prof.em.PRC.Dr.med.ind. Afü Röhrig

A Trailblazer in Medical Innovation - Exploring the Legacy of a Pioneer in 'Food as Medicine' and 'Liquid Biopsy for regeneration and longevity'.

Professor Emeritus Prof. Röhrig, MD, PhD, is a venerated figure in the realm of medical innovation, particularly in the domains of Food as medicine and Liquid biopsy. With an illustrious career spanning over 25 years, Prof. Röhrig has been instrumental in advancing the understanding of nutrition's pivotal role in disease prevention and health optimization. Her pioneering work at the Röhrig Institute GmbH in Bonn, Germany, has seamlessly integrated the principles of Regenerative medicine and Longevity, reflecting her commitment to holistic healthcare.

Prof. Röhrig's expertise is underscored by her dual qualifications in Medicine and Public health genetics, allowing her to bridge the gap between Clinical practice and Genetic research. Over the last 15 years, she has focused on Liquid biopsy, a revolutionary technique that facilitates early detection of diseases through Minimally invasive procedures. Her contributions in this field have not only enhanced diagnostic precision but have also paved the way for personalized treatment strategies, embodying the transformative potential of modern medicine.

Prof. Afu Röhrig has made significant contributions to the field of healthcare and medicine through a plethora of scholarly publications. Her work epitomizes the intersection of Clinical expertise and Innovative research, advancing our understanding of complex medical phenomena. Her notable publications comprise

- "Innovations in Cardiovascular Therapeutics"
- "Holistic Approaches to Chronic Disease Management"
- "The Role of Artificial Intelligence in Diagnostic Medicine"
- "Pioneering Research in Neurodegenerative Disorders"
- "Patient Engagement and Digital Health Technologies"

Prof. Röhrig's body of work not only contributes to the scientific community but also inspires a forward-looking perspective on the potential of medicine to transform lives. Her dedication to exploring and addressing the multifaceted challenges of healthcare ensures her legacy as a leader in medical innovation and patient care.